



Upper Bucks County Technical School

Serving: Palisades, Pennridge, and Quakertown

3115 Ridge Road • Perkasio, Pennsylvania 18944 • Phone: (215) 795-2911 • FAX: (215) 795-0530 • www.ubtech.org

July 1, 2012

Dear Parent or Guardian,

NEW STATE AND FEDERAL REGULATIONS WILL BE BRINGING MANY CHANGES TO OUR SCHOOL LUNCH PROGRAM.

Effective this 2012-2013 school year, under the federal Healthy, Hunger-Free Kids Act (HHFKA), the State of Pennsylvania now requires every student purchasing a school lunch to take fruits and/or vegetables as a part of each lunch.

What that means to the student is that they will have fruits or vegetables on their tray every day. If these items are refused by the student, the meal will not be a school lunch, but will become an a la carte meal, and will be priced accordingly. This will be true even if your child has been approved for a free or reduced lunch.

While we realize this may be confusing to our students in the first few weeks of school, this is a federal and state regulation, and we are required to comply with this when serving our school lunch.

Here are a few examples of what is considered a “lunch” under the HHFKA meal program:

*Chicken Tenders		*Chicken Tenders		*Chicken Tenders	<i>ANY ONE OF THESE COMBINATIONS IS CONSIDERED A SCHOOL LUNCH</i>
*Dinner Roll	OR	*Dinner Roll	OR	*Dinner Roll	
*Mixed Vegetables		*Orange		*Mixed Vegetables	
*Apple OR Orange		*Milk		*Milk	
*Milk					

*Chicken Tenders	THIS EXAMPLE DOES NOT MEET THE REQUIREMENTS TO BE CONSIDERED
*Dinner Roll	A SCHOOL LUNCH
*Milk	

In addition, please note that the calorie, fat and sugar content of meals has been limited by the HHFKA. This will mean that portions of some menu items are smaller than in the past, so that the serving will now meet the new requirements of the Act.

I thank you in advance for your understanding regarding these changes to the school lunch.

Ruth Lewandoski
Food Service Director